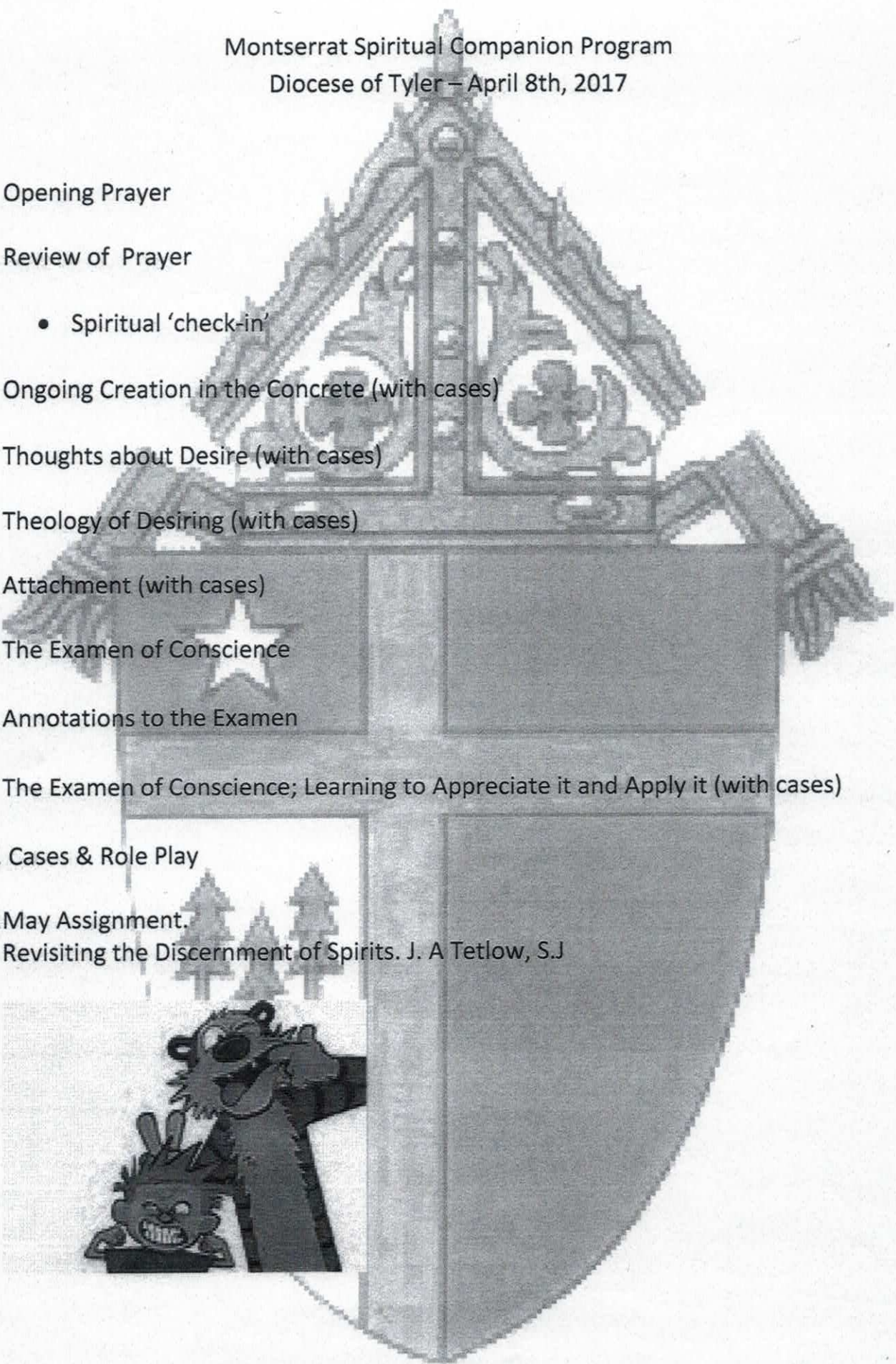


Montserrat Spiritual Companion Program  
Diocese of Tyler – April 8th, 2017

1. Opening Prayer
2. Review of Prayer
  - Spiritual 'check-in'
3. Ongoing Creation in the Concrete (with cases)
4. Thoughts about Desire (with cases)
5. Theology of Desiring (with cases)
6. Attachment (with cases)
7. The Examen of Conscience
8. Annotations to the Examen
9. The Examen of Conscience; Learning to Appreciate it and Apply it (with cases)
10. Cases & Role Play
11. May Assignment.  
Revisiting the Discernment of Spirits. J. A Tetlow, S.J



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## The Principle and Foundation

Every person in the world is so put together that by praising, revering, and living according to the will of God our Lord he or she will safely reach the Reign of God. This is the original purpose of each human life.

Every other thing on the face of the earth is meant for humankind, to help each person come to the original purpose God has put in each of us.

The only thing that makes sense in the use of all other things, then, is that a person use everything that helps realize that original purpose deep in the self, and turn away from everything that alienates us from the original purpose in ourself.

We can push this a little further: When we are under no obligations in conscience, we

ought to keep ourselves free of any fixed preference for one or other created thing. Instead, we ought to keep ourselves at balance before anything. What does this entail? It means that before we ever face any decision we do not determine to do everything that will keep us healthy and nothing that might make us sick, to be rich rather than poor, to be considered somebody important rather than a nobody, to live to a very old age rather than to die younger. In that way, we would keep a balance before any created thing when the times come for decision.

We set ourselves to live in careful balance, to want to choose solely on the grounds of what leads more directly and more certainly to our original purpose. ❖