

Diocese of Tyler  
Ignatian Spirituality Center – Seminar on Spiritual Direction



August 29 <sup>th</sup>	Introduction & Orientation
October 9 <sup>th</sup> & 10 <sup>th</sup>	Spiritual check-in The Spiritual Exercises & Spiritual Direction
November 14 <sup>th</sup>	Case Studies – an introduction to spiritual situations
December 11 <sup>th</sup> & 12 <sup>th</sup>	Spiritual check-in Case Studies – Discernment, desires, and choices.
January 9 <sup>th</sup> , 2016	Case Studies – worldviews & motivations
February 12 <sup>th</sup> & 13 <sup>th</sup>	Spiritual check-in Case Studies – Discernment of spirits (little gods and desires)
March 12 <sup>th</sup>	Case Studies – Annotations to the Examen
April 8 <sup>th</sup> & 9 <sup>th</sup>	Spiritual check-in Case Studies – Listening & Responding
May 14 <sup>th</sup>	Case Studies – spiritual situations
June 10 <sup>th</sup> & 11 <sup>th</sup>	Spiritual check-in Case Studies – discernment of spirits
July	Ignatian Silent Retreat – Montserrat
August 12 <sup>th</sup> & 13 <sup>th</sup>	Spiritual check-in Case Studies – discernment of spirits
September 10 <sup>th</sup>	Relationships & The contemplative spirit
October 7 <sup>th</sup> & 8 <sup>th</sup>	Prayer & Discernment Case Studies – prayer and the discernment of spirits
November 12 <sup>th</sup>	Case Studies – The ‘dark night’ (Mother Teresa)
December 9 <sup>th</sup> & 10 <sup>th</sup>	Spiritual check-in The sign of the times; relativism; religion in a secular age
January 14 <sup>th</sup> , 2017	Personal Relationship with Jesus of Nazareth

February 10 <sup>th</sup> & 11 <sup>th</sup> ,	Spiritual check-in Case Studies – discernment of spirits; consolation & desolation
March 11 <sup>th</sup>	Case Studies – consolation & desolation
April 7 <sup>th</sup> & 8 <sup>th</sup>	Spiritual check-in Case Studies - Discernment of Spirits
May 13 <sup>th</sup>	Case Studies – Discernment of spirits; consolation & desolation
June 9 <sup>th</sup> & 10 <sup>th</sup>	Spiritual check-in Case Studies - Discernment of spirits; consolation & desolation
July	Ignatian Silent Retreat - Montserrat
August 11 <sup>th</sup> & 12 <sup>th</sup>	Spiritual check-in Case Studies – Spiritual Situations
September 9 <sup>th</sup>	Case Studies – spiritual situations
October 13 <sup>th</sup> & 14 <sup>th</sup>	Spiritual check-in Ongoing conversion; prayer; everyone makes mistakes.

### Required Texts

*Draw me into your Friendship; The Spiritual Exercises. A literal Translation & A Contemporary Reading.*  
David L. Fleming, S.J. The Institute of Jesuit Sources. St. Louis, 1996.

*The Practice of Spiritual Direction; Revised & Updated.*  
William A. Barry & William J. Connolly. Harper Collins. New York. 1982

*The Discernment of Spirits; An Ignatian Guide for Everyday Living.*  
Timothy M. Gallagher, OMV. Crossroad Publishing. New York. 2005

*God's Voice Within; The Ignatian Way to Discover God's Will.*  
Mark E. Thibodeaux, S.J. Loyola Press. Chicago. 2010

*The Christian Ministry of Spiritual Direction.*  
David L. Fleming, S.J Ed. Review for Religious. St. Louis. 1996

### Recommended Reading

All titles for recommended reading can be found on the website. ([www.tylersd.org](http://www.tylersd.org))